

# Artsmark and #BeeWell: Health & Wellbeing Pilot Project

As a result of the pandemic and other ongoing pressures from recent years, it will come as no surprise that health and wellbeing has become one of the highest priorities for education settings across the country. Engagement with Arts & Cultural activity can improve children and young people's wellbeing, and we recognise that many settings working towards [the Artsmark award](#) are already using their programme to support the health and wellbeing of their school community.

As Artsmark continues to develop, the Arts Council and Curious Minds will be undertaking a two-year health and wellbeing pilot programme that will concentrate on developing Arts focused wellbeing interventions with Artsmark schools based in the Greater Manchester area.

To support us with this project, we are working in conjunction with [#BeeWell](#) - a £2million programme led by the University of Manchester, the Anna Freud Centre, and the Greater Manchester Combined Authority. #BeeWell combines academic expertise with youth-led change to make the wellbeing of young people everybody's business. Designed by young people, #BeeWell surveys the wellbeing of pupils in secondary schools across Greater Manchester and uses the results in partnership with schools to deliver positive change in all our communities.

Using the latest data collected from #BeeWell, the Artsmark Health & Wellbeing pilot will work with 8 Artsmark schools to understand the needs of young people in your area and develop arts and health focused interventions based on specific needs identified. These interventions will form part of the school's wider Artsmark strategy in the [Statement of Commitment](#) (if you have not already submitted your Statement of Commitment) and schools will work in partnership with Arts organisations and practitioners to deliver high quality arts and cultural activity. Participating schools will also deliver the [Royal Society for Public Health Youth Health Champions](#) level 2 qualification with a creative health focus. The project will run until 2024 and participating schools will **not** be charged to be part of this pilot work. If your setting has not yet registered for Artsmark, you will need to register via the [Artsmark](#) website and pay the £500 registration fee (£250 for schools with 100 pupils or less).

We are delighted to invite expressions of interest to take part in this project. To be eligible, your school either needs to be near the beginning of your Artsmark journey or have submitted your Statement of Commitment within the last 3 months.

If your setting would like to be involved, you would be required to:

- Join Curious Minds and other partners on an initial Induction & 'Hack' Day. During this session we will welcome you to the project and, together, will interrogate the #BeeWell data, so your setting can understand the priorities for health and wellbeing in your area.
- Using information you have gathered from the #BeeWell data, your school will plan and deliver Arts based health and wellbeing interventions (alongside other areas of

priority for your Artsmark journey), which will be written into your school's Artsmark Statement of Commitment. Your setting will be given a micro commissioning fund (of £1,000) to recruit local Arts & Cultural practitioners to work in partnership on your interventions.

- Your teachers will receive *Train the Trainer* training to deliver the Youth Health Champions qualification to a cohort of 5 pupils in your school.
- There could also be additional commissioning opportunities as part of a 'neighbourhood delivery hub,' where your setting would work with wider external partners on Creative Arts & Health focused activity.

You must be available to join Curious Minds on the following key project dates:

Date	Session	Location & Time
07/06/23	Programme Induction & Hack Day	In-person, full day
22/06/23	Youth Health Champions Qualification Train the Trainer	In-person, full day
03/07/23 & 04/07/23	Teachers and Pupils Commissioning Training	In-person, full days (for both teachers and pupils involved in project)
27/09/23	Compulsory Project & Artsmark Check-In	Online via Zoom
29/11/23	Compulsory progress Check-In	In-person, full day (for both teachers and pupils involved in project)
20/06/24	Project Evaluation	In-person, full day

Staff will also be invited to attend additional wellbeing training with Cartwheel Arts: <https://www.cartwheelarts.org.uk/event/wellbeing-dominoes-for-schools> The dates for this training will be agreed separately with the schools taking part in the project.

There will also be optional online progress check-ins with the Curious Minds team on the following dates:

- 18/01/24 between 16:00 & 18:00
- 19/03/24 between 16:00 & 18:00
- 22/05/24 between 16:00 & 18:00

If your setting is able to commit to all of the compulsory dates for this project and would like to submit an expression of interest, please complete the form via the following link:

<https://forms.office.com/e/c1NbmjVsWs>

**The deadline for expressions of interest is 12/05/23 at 17:00.**

If you have an questions, please contact our Coordinator, Hattie Kongaunruan:

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