

# Kickstart with Curious Minds

## Core Modules & Optional Enrichment

'Kickstart with Curious Minds' is a complete wraparound support programme for young people currently undertaking a Kickstart opportunity.

Below are details of our three core modules:

### Skills Start

This will focus on developing key employability skills that can be transferred to any future opportunity. Learners will take part in creative workshops to understand what motivates them, what they find challenging, developing their confidence and resilience to overcome difficult situations. They will take a seat on the opposite site of the table, taking on the role of the interviewer to learn what employers are looking for when recruiting. They will work with professionals to develop a polished CV. They will explore the different ways you can look for future opportunities and the value of developing your networks.

### Self-start

This will help learners to develop their future plans and progression. They will take part in monthly peer mentoring sessions led by early career professionals. As part of this, they will work alongside others on a Kickstart placement, celebrating successes and supporting each other through any challenges they are facing at work. These sessions will help them to identify their strengths and areas for development, setting short and long-term goals for the future.

### Creative Start

This will support learners to open doors to the world of arts and culture, experiencing online and/physical exhibitions, performances and workshops. They will explore what opportunities creative and cultural organisations are offering near them. Learners will be supported to access opportunities as a participant and/or audience member and reflect on what they've enjoyed and not enjoyed. As part of this learners will also investigate the wide range of jobs involved in creating these opportunities, and what this might mean for them going forward after their Kickstart placement.

Cost for the core modules per person = £750 (*to which Curious Minds will match fund a further £250*)

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Optional enrichment modules include:

<b>NAME</b>	<b>DESCRIPTION</b>	<b>COST</b>
Arts Award	Young people will be supported to gain a nationally recognised qualification whilst developing an online portfolio to showcase their transferable skills to future employers	Costs will vary dependent on need, please contact us for a bespoke quote
Skills Masterclasses	Young people will work with creative and cultural employers to develop creative skills such as digital marketing, project management, community engagement, etc	£25 per masterclass
Employer Support	Half day line management & mentor training, 3x employer networking sessions for those hosting a Kickstart opportunity	£250

For further information and to book your place, please email [kickstart@curiousminds.org.uk](mailto:kickstart@curiousminds.org.uk)