

The logo for The Children's Society, featuring the text "The Children's Society" in a serif font, centered within a white rectangular box. This box is part of a larger graphic element consisting of a vertical black bar on the left and a horizontal black bar extending to the right from the white box.

**The
Children's
Society**

Rob Dickinson

The Children's Society
Head of Philanthropy

Warren Larkin Associates
**Consultant for Child Criminal Exploitation, Family
Support and System Change**

**Childhood Trauma –
Adverse Childhood Experiences
(ACEs)**



“ There comes a point where we need to stop just pulling people out of the river.

We need to go upstream and find out why they're falling in.

– Desmond Tutu

‘Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults’

The Adverse Childhood Experiences (ACE) Study

Vincent J Felitti MD, FACPA, Robert F Anda MD, MSB

American Journal of Preventative Medicine

[May 1998](#) Volume 14, Issue 4, Pages 245–258

Adverse Childhood Experiences

Traumatic events that can have negative, lasting effects on health and wellbeing



People with 6+ ACEs can die

20 yrs

earlier than those who have none



1/8 of the population have more than 4 ACEs



www.70-30.org.uk
@7030Campaign

4 or more ACEs

3x the levels of lung disease and adult smoking

11x the level of intravenous drug abuse

14x the number of suicide attempts

4x as likely to have begun intercourse by age 15

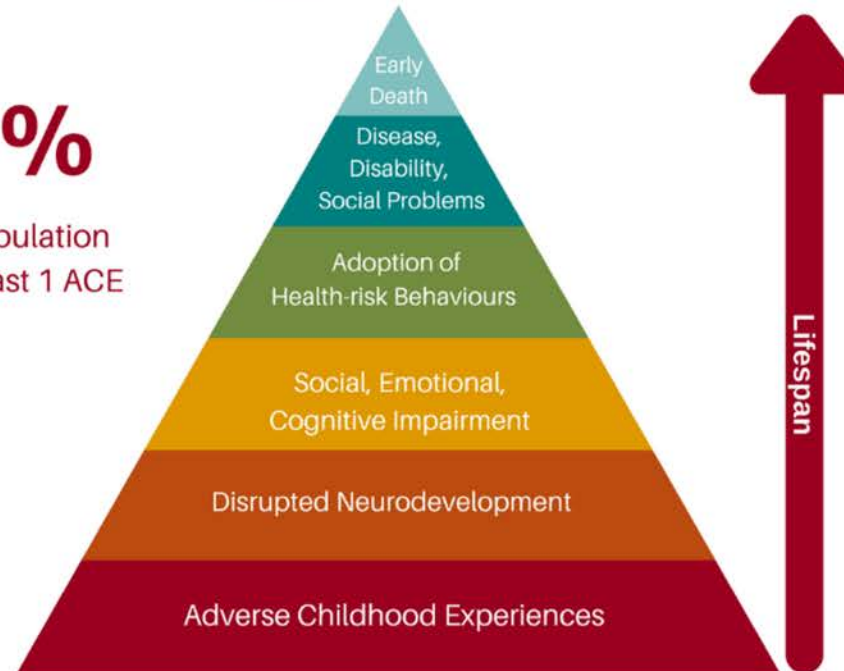
4.5x more likely to develop depression

2x the level of liver disease

“ Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today ”

Dr. Robert Block, the former President of the American Academy of Pediatrics

67%
of the population have at least 1 ACE



The Impact of ACEs on Brain Development



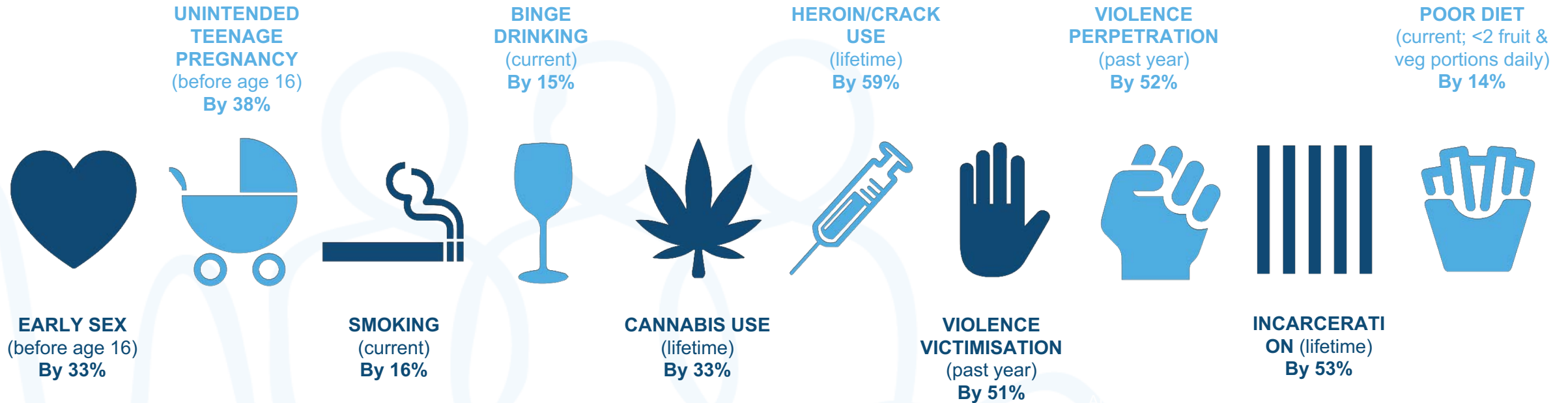
Chronic Stress from ACEs over-develop 'life-preserving' part of the brain.



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

Preventing ACEs in future generations could reduce levels of:



The English national ACE study interviewed nearly 4,000 people (aged 18-69 years) from across England in 2013. Around six in ten people, who were asked to participate, agreed and we are grateful to all those who freely gave their time. The study is published in BMC MEDICINE:

Bellis MA, Hughes K, Leckenby N, Perkins C, Lowey H.
National household survey of adverse childhood experiences and their relationship with resilience to health-harming behaviours in England.

Centre for public Health, Liverpool John Moores University – WHO Collaborating Centre for Violence Prevention – May 2014 – Web: www.cph.org.uk – Tel: 0151 231 4510

Resilience

- We can't prescribe our way out of this.
- We do not ask people about their childhood experiences.
- We require a human solution. **'It's the relationship that heals'**
- Resilience mitigates the effects of ACEs
- We require innovative ways to build resilience in children and young people. Addressing their trauma and enabling them to Thrive!

Thank you & Questions